



MAU schedules and locations are subject to change without notice. For a current listing of Medical Aid Units in your area, please visit highmarkbcbdsde.com or call Customer Service at 1-844-459-6452.

Did You Know?

Medical Aid Units (MAUs) provide urgent care and may be a less expensive alternative to a hospital Emergency Department (ED). MAUs treat common ailments and injuries, including:

- Minor lacerations requiring stitches
- Joint sprains
- Cuts and minor burns
- Most broken bones
- Headaches
- Pediatric medical problems (e.g., eye and ear infections)
- Muscle, joint, and back pain
- Mild asthma attacks
- Fevers and flu
- Allergies
- Routine infections (e.g., ear, throat, sinus, and bladder infections)
- Coughs and colds
- Sexually transmitted infections
- Emergency contraceptive care
- Skin irritation or skin infection

Common Questions

What are Medical Aid Units?

MAUs are urgent care facilities that treat injuries or illnesses that are not life-threatening, but require care within a few hours or the same day. With an MAU, you don't need an appointment and you may avoid the longer waits you might find at a busy ED.

How do Medical Aid Units work?

MAUs are staffed by medical professionals, which may include physicians, nurse practitioners, and physicians' assistants. Many offer on-site diagnostic equipment, including X-ray and laboratory services, and are generally open at times when your doctor's office may be closed.

When should I go to an ED?

MAU services are covered by your health benefits plan. The cost to you (your copay) is lower if you seek care from an MAU or urgent care center instead of an ED. Additionally, to see the most up-to-date list of MAUs and their locations, visit highmarkbcbdsde.com, click on Find a Doctor, or Rx, and choose Find a Doctor, Hospital, or other Medical Provider, and then choose Urgent Care Centers & Retail Clinic from the Doctors & Medical Professionals drop-down menu.

While MAUs are appropriate for common conditions and injuries, life-threatening symptoms such as chest pains, symptoms of stroke, severe headaches, excessive bleeding, or vomiting are best handled by an ED.

Please be sure to use your best judgment in any medical situation. If you believe that you have a life-threatening emergency and do not have time to speak with your doctor, then proceed to the nearest ED for care.



While not a trauma center, a freestanding ED is open 24/7 and is generally able to treat most emergencies. It is important to note that a freestanding ED falls under your health plan's Emergency Facility definition, which means the cost may be higher to you if you choose to be treated there instead of at an MAU. If you have any questions, please contact the Customer Service number on your Highmark Blue Cross Blue Shield Delaware ID card.

For assistance or health support, call a Blues On CallSM health coach at 1-888-BLUE-428 (1-888-258-3428). All coaches are trained to help you make informed health decisions. Coaching is confidential and no cost to you. Make the call today!

Blues On Call is a service mark of the Blue Cross and Blue Shield Association. Highmark Blue Cross Blue Shield Delaware is an independent licensee of the Blue Cross and Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

Medical Aid Units (MAUs)

Urgent Care Facilities for Delaware Residents



Medical Aid Unit Locations

New Castle County

CCHS Medical Aid Unit — Medical Aid Unit at Middletown
Middletown CareCenter
124 Sleepy Hollow Drive
Middletown, DE 19709
Monday – Sunday: 8:00 a.m. – 8:00 p.m.
Holidays: 9:00 a.m. – 5:00 p.m.
302-449-3100

CCHS Medical Aid Unit — Medical Aid Unit at Christiana
HealthCare Center at Christiana
200 Hygeia Drive
Newark, DE 19713
Monday – Sunday: 8:00 a.m. – 8:00 p.m.
Holidays: 9:00 a.m. – 5:00 p.m.
302-623-0444

CCHS Medical Aid Unit — Glasgow Medical Aid Unit
Glasgow Medical Center
2600 Glasgow Avenue, Suite 100
Newark, DE 19702
Monday – Sunday: 8:00 a.m. – 8:00 p.m.
Holidays: 9:00 a.m. – 5:00 p.m.
302-623-3661

CCHS Medical Aid Unit — Medical Aid Unit at STAR
550 South College Avenue, Suite 115
Newark, DE 19713
Monday – Sunday: 8:00 a.m. – 8:00 p.m.
Holidays: Closed
302-533-7148

Delaware Medical Care Inc.
Silerside Medical Aid Unit
2700 Silverside Road
Wilmington, DE 19810
Monday – Saturday: 8:00 a.m. – 8:00 p.m.
Sunday: 9:00 a.m. – 5:00 p.m.
Holidays: Call for hours
302-225-6868

Eden Hill Express Care LLC
1011 East Songsmith Drive
Bear, DE 19701
Monday – Sunday: 8:00 a.m. – 9:00 p.m.
302-918-7509

Eden Hill Express Care LLC
749 Middletown Warwick Road
Middletown, DE 19709
Monday – Sunday: 8:00 a.m. – 9:00 p.m.
302-378-1621

Go-Care at Abby Medical
1 Centurian Drive, Suite 106
Newark, DE 19713
Monday – Friday: 9:00 a.m. – 9:00 p.m.
Saturday: 9:00 a.m. – 6:00 p.m.
Sunday: 10:00 a.m. – 6:00 p.m.
302-999-0003

MedExpress, Inc — Delaware
2722 Concord Pike
Wilmington, DE 19803
302-477-1406

3926 Kirkwood Highway
Wilmington, DE 19808
302-998-2417

1C Chestnut Hill Plaza
Newark, DE 19713
302-266-0930

129 N Dupont Highway
New Castle, DE 19720
302-328-5150

Monday – Sunday: 8:00 a.m. – 8:00 p.m.
Christmas Eve: 8:00 a.m. – 4:00 p.m.
Thanksgiving & Christmas Day: Closed

Newark 24/7 Urgent Care Center
324 East Main Street
Newark, DE 19711
Monday – Sunday: 24/7 - 365 days a year
302-738-4300

Kent County

CCHS Medical Aid Unit — Medical Aid Unit at Smyrna
Smyrna Health & Wellness Center
100 S Main Street, Suite 101
Smyrna, DE 19977
Monday – Friday: 8:00 a.m. – 8:00 p.m.
Weekends & Holidays: 8:00 a.m. – 4:00 p.m.
302-659-4444

Eden Hill Express Care
200 Banning Street, Suite 170
Dover, DE 19904
Monday – Friday: 8:00 a.m. – 9:00 p.m.
Saturday – Sunday: 9:00 a.m. – 9:00 p.m.
302-674-1999

MedExpress, Inc — Delaware
15 South DuPont Highway
Dover, DE 19901
Monday – Sunday: 8:00 a.m. – 8:00 p.m.
Christmas Eve: 8:00 a.m. – 4:00 p.m.
Thanksgiving & Christmas Day: Closed
302-674-1514

Delaware Walk In Medical, LLC
379 Walmart Drive, Suite A
Camden, DE 19934
Monday – Saturday: 7:30 a.m. – 7:30 p.m.
Sunday: 9:00 a.m. – 5:00 p.m.
302-698-4441

Sussex County

Ambient Medical Care
24459 Sussex Highway
Seaford, DE 19973
Monday – Friday: 7:00 a.m. – 8:00 p.m.
Saturday – Sunday: 9:00 a.m. – 5:00 p.m.
302-629-3099

Beebe Healthcare Georgetown
Georgetown Walk-In
21635 Biden Avenue
Georgetown, DE 19947
302-856-9729

Beebe Healthcare Millsboro
28538 DuPont Boulevard
Millsboro, DE 19966
302-934-5052

Beebe Healthcare Millville
32550 Docs Place, Unit 1
Millville, DE 19967
302-541-4175

Monday – Sunday: 9:00 a.m. – 7:00 p.m.

BayHealth Occupational & Walk-In Clinic
301 Jefferson Avenue
Milford, DE 19963

Occupational Health
Monday – Friday: 7:30 a.m. – 5:00 p.m.

Walk-In
Monday – Friday: 12:00 p.m. – 8:00 p.m.
Saturday – Sunday: 9:00 a.m. – 5:00 p.m.
302-430-5705

Delaware Walk In Medical, LLC
25935 Plaza Drive
Millsboro, DE 19966
Monday – Saturday: 8:00 a.m. – 7:00 p.m.
Sunday: 9:00 a.m. – 5:00 p.m.
302-947-4111

Delaware Walk In Medical, LLC
1309 Savannah Road
Lewes, DE 19958
Monday – Saturday: 8:00 a.m. – 7:00 p.m.
Sunday: 9:00 a.m. – 5:00 p.m.
302-644-1441

Nanticoke Immediate Care
100 Rawlins Drive
Seaford, DE 19973
302-536-5415

30549 Sussex Highway
Laurel, DE 19956
302-715-5216

503 West Market Street
Georgetown, DE 19947
302-856-4120

Monday – Friday: 8:00 a.m. – 8:00 p.m.
Saturday – Sunday: 9:00 a.m. – 5:00 p.m.